

# GOLDEN GAZETTE

*February 2021*



## Duncanville D.L. Hopkins Jr. Senior Center

206 James Collins Blvd.  
Duncanville, TX 75116  
[www.duncanville.com](http://www.duncanville.com)

Lunch reservations and  
cancellations: 972-707-3864

### Center Hours

Closed Until Further Notice

**Curbside Pickup Hours**  
Monday - Friday  
11 am - 12 pm

### STAFF

**Noel Garcia**

Superintendent

**Jeanette Rodriguez**

Senior Center Coordinator

**Caitlin Sansom**

Administrative Assistant

**Ryan Young**

Office Assistant

**Cecilia Rodriguez**

Kitchen Coordinator

**Mary Lou Braun**

Bus Driver/Field Trip Coord.

**Yasmin Thomas**

**Sport Jackson**

**Raymond Johnson**

Building Attendants



### Our Mission:

*"Providing opportunities for citizens to engage in physical and social activities in an inclusive environment."*

**BLACK  
HISTORY  
MONTH**

The Senior Center will remain closed until further notice. Curbside meal service will continue. To reserve a meal or fill out a new meal application please call the center 2 days in advance at 972-707-3864.

Stay safe and continue to practice social distancing!

## INFORMATION AND RESOURCES

**Financial Assistance, Costs and Payment Options for Eldercare in Texas**

<https://www.payingforseniorcare.com/texas>

**Texas Department of State Health Services**

<https://dshs.texas.gov/coronavirus/>

**Alzheimer's Association Tips for Dementia Caregivers**

[https://www.alz.org/help-support/caregiving/coronavirus-\(covid-19\)-tips-for-dementia-care](https://www.alz.org/help-support/caregiving/coronavirus-(covid-19)-tips-for-dementia-care)

**US Administration for Community Living – Coronavirus (COVID-19)**

<https://acl.gov/COVID-19>

**COVID-19 Mental Health Support line, 24 hours a day, 7 days a week, toll-free at 833-986-1919**

**Dallas County HHS COVID-19 Vaccination Registration**

<https://www.dallascounty.org/covid-19/covid-19-vaccination.php>

## VIRTUAL GAMES AND CRAFTS

**World of Solitaire -**

<https://worldofsolitaire.com/>

**Online Brain Logic Puzzles -**

<https://logic.puzzlebaron.com/init.php>

**Online Bridge Game - Practice at Home**

<https://www.wildtangent.com/play/bridge-html5>

**AARP Games -**

<https://games.aarp.org/category/all-games>

**D.L. Hopkins Jr. Senior Center Online Activities**

<https://www.duncanville.com/d-l-hopkins-jr-senior-center-online-activities/>

**Creations and Celebrations for every occasion**

<https://www.allfreeholidaycrafts.com/>

**February Arts and Crafts**

<https://kinderart.com/art-lessons/seasons/february/>

### Dallas Area on Aging Benefits Counseling Program

Individual counseling services at the senior center have been suspended until further notice. DAAA will continue their phone service for information and assistance with Medicare, Medicaid, Social Security, and other public benefits.

Call to speak to a Benefits Counselor  
214-871-5065 or 1-800-252-9240  
Monday - Friday 8:30 am to 5:00 pm

### Daily Curbside Lunch Program | Monday through Friday

We serve curbside lunch pickup daily. Our lunch program targets older adults and provides 1/3 of the daily dietary requirements. Reservations for curbside pickup must be made two days in advance. A breakfast and lunch for Saturday and Sunday are available for pickup on Friday. You must fill out an intake registration form before you start the lunch program. **Reservations may be made by calling (972) 780-5073 or (972) 707-3864.** There are no fees for meals. **Our nutrition program is funded in part by the Dallas Area Agency on Aging and the Texas Dept. of Aging and Disability Department.**

## UPCOMING EVENTS

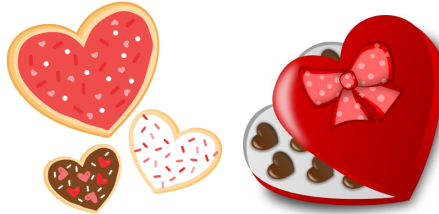
### Parking Lot Bingo

Wednesday, February 10  
10:00 am - 10:45 am  
Sponsored by: Oxford Glenn



### Sweet Treats from the Staff

Cookies and Chocolate  
Friday, February 12  
During curbside lunch pickup



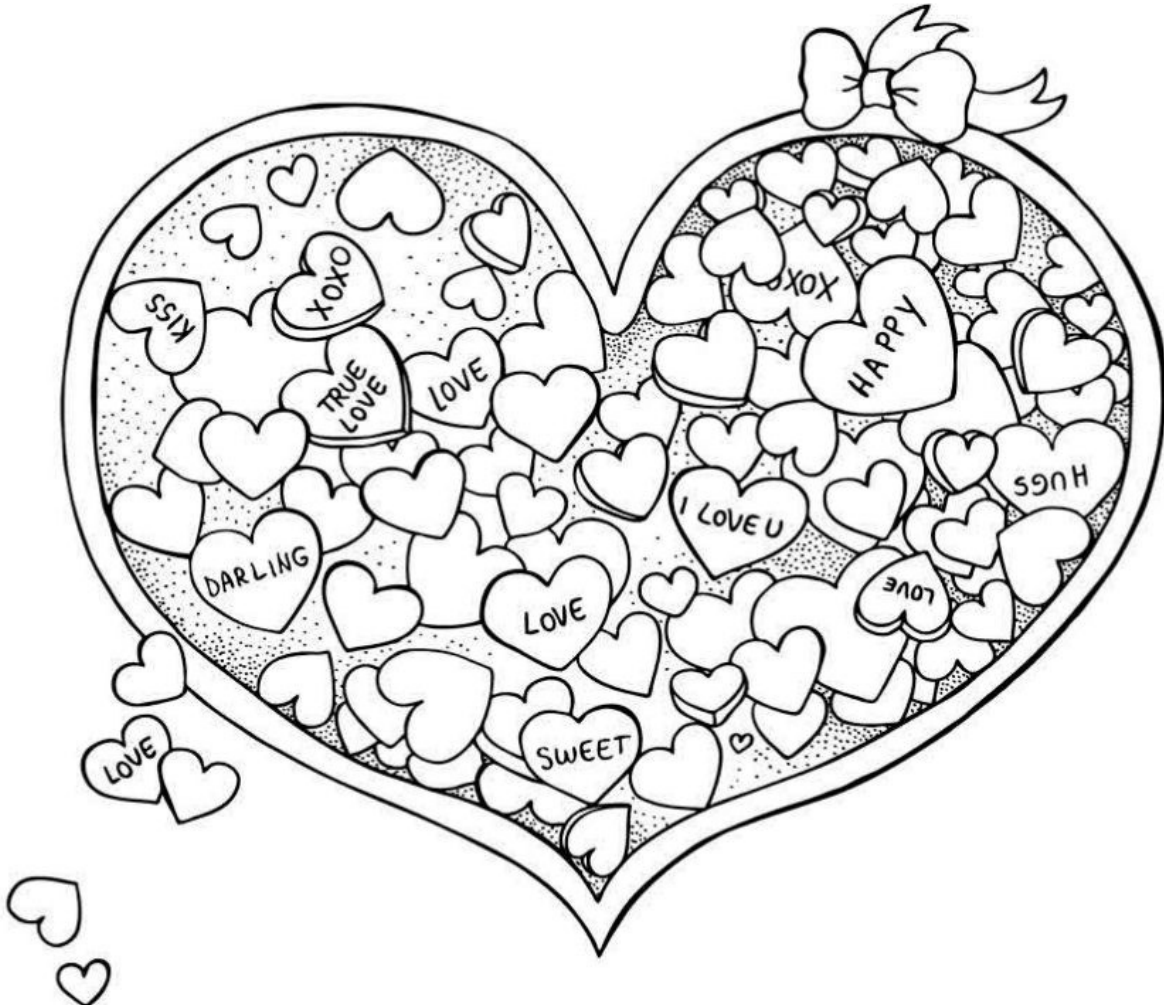
### Drive-in Music Performances

**Jeremy Koontz**  
Friday, February 12  
11:00 am - 11:45 am

**Derek and Jennifer Otey**  
Friday, February 12  
11:45 am - 12:30 pm



## COLORING PAGE





Born in Virginia, the son of former slaves, Carter G. Woodson had to put off schooling while he worked in the coal mines of West Virginia. Afterwards, he graduated from Berea College and became a teacher and school administrator. He gained graduate degrees at the University of Chicago and in 1912 was the second African American, after W. E. B. Du Bois, to obtain a PhD degree from Harvard University. Most of Woodson's academic career was spent at Howard University, a historically black university in Washington, D.C., where he eventually served as the Dean of the College of Arts and Sciences. The idea for a way to celebrate African American achievements started in 1915 by historian Carter G. Woodson and other prominent African American figures of his day.



Mathematician Mary Winston Jackson excelled academically in a time of racial segregation. Her math and science skills earned her a position as a "human computer" for NASA, and she later became NASA's first black female engineer. Along with serving a vital role in the development of the space program, she helped other women and minorities advance their careers. Jackson died in February 2005 at the age of 83. The story of her groundbreaking contributions to NASA was later dramatized in the 2016 film "Hidden Figures".



Ronald McNair was a MIT-trained physicist who specialized in laser research before joining NASA in the late 1970's. In February 1984, he became just the second African American to reach space, serving as a mission specialist aboard the Space Shuttle Challenger. As mission specialist, McNair operated Challenger's robotic arm to help astronaut Bruce McCandless conduct his historic untethered space walk. McNair logged 191 hours in space as Challenger orbited Earth 122 times, before returning to Kennedy Space Center.



Barack Obama was the 44th president of the United States and the first African American commander-in-chief. He served two terms, in 2008 and 2012. The son of parents from Kenya and Kansas, Obama was born and raised in Hawaii. He graduated from Columbia University and Harvard Law School, where he was president of the Harvard Law Review. After serving on the Illinois State Senate, he was elected a U.S. senator representing Illinois in 2004.