

# GOLDEN GAZETTE

October 2020



## Duncanville D.L. Hopkins Jr. Senior Center

206 James Collins Blvd.  
Duncanville, TX 75116  
www.duncanville.com

Lunch reservations and  
cancellations: 972-707-3864

### Center Hours

Closed Until Further Notice

### STAFF

**Noel Garcia**

Superintendent

**Jeanette Rodriguez**

Senior Center Coordinator

**Caitlin Sansom**

Administrative Assistant

**Ryan Young**

Office Assistant

**Cecilia Rodriguez**

Kitchen Coordinator

**Mary Lou Braun**

Bus Driver/Field Trip Coord.

**Yasmin Thomas**

**Sport Jackson**

**Raymond Johnson**

Building Attendants



### Our Mission:

*"Providing opportunities for citizens to engage in physical and social activities in an inclusive environment."*

Health awareness information will be provided throughout the month of October so that seniors are kept informed. In addition, a pink cupcake and ribbon will be provided to seniors on October 12, 2020



The Senior Center will remain closed until further notice. Drive through meal service will continue. To reserve a meal or fill out a new meal application please call the center 2 days in advance at 972-707-3864.

Stay safe and continue to practice social distancing!

## INFORMATION AND RESOURCES

<p><b>Financial Assistance, Costs and Payment Options for Eldercare in Texas</b>  <a href="https://www.payingforseniorcare.com/texas">https://www.payingforseniorcare.com/texas</a></p> <p><b>Texas Department of State Health Services</b>  <a href="https://dshs.texas.gov/coronavirus/">https://dshs.texas.gov/coronavirus/</a></p>	<p><b>Alzheimer’s Association Tips for dementia caregivers</b>  <a href="https://www.alz.org/help-support/caregiving/coronavirus-(covid-19)-tips-for-dementia-care">https://www.alz.org/help-support/caregiving/coronavirus-(covid-19)-tips-for-dementia-care</a></p> <p><b>US Administration for Community Living – Coronavirus (COVID-19)</b>  <a href="https://acl.gov/COVID-19">https://acl.gov/COVID-19</a></p>	<p><b>COVID-19 Mental Health Support line, 24 hours a day, 7 days a week, toll-free at 833-986-1919</b></p> <p><b>Coronavirus (COVID-19) Information for People Receiving Services</b>  <a href="https://hhs.texas.gov/services/health/coronavirus-covid-19/coronavirus-covid-19-information-people-receiving-services">https://hhs.texas.gov/services/health/coronavirus-covid-19/coronavirus-covid-19-information-people-receiving-services</a></p>
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## VIRTUAL GAMES AND CRAFTS

<p><b>World of Solitaire -</b>  <a href="https://worldofsolitaire.com/">https://worldofsolitaire.com/</a></p> <p><b>Online Brain Logic Puzzles -</b>  <a href="https://logic.puzzlebaron.com/init.php">https://logic.puzzlebaron.com/init.php</a></p> <p><b>Online Bridge Game - Practice at Home</b>  <a href="https://www.wildtangent.com/play/bridge-html5">https://www.wildtangent.com/play/bridge-html5</a></p>	<p><b>AARP Games -</b>  <a href="https://games.aarp.org/category/all-games">https://games.aarp.org/category/all-games</a></p> <p><b>D.L. Hopkins Jr. Senior Center Online Activities</b>  <a href="https://www.duncanville.com/d-l-hopkins-jr-senior-center-online-activities/">https://www.duncanville.com/d-l-hopkins-jr-senior-center-online-activities/</a></p>	<p><b>10 Fun Halloween Crafts -</b>  <a href="https://www.brightstarcare.com/blog/halloween-crafts-for-seniors">https://www.brightstarcare.com/blog/halloween-crafts-for-seniors</a></p> <p><b>Crafts for Seniors -</b>  <a href="https://craftsbyamanda.com/category/craft-tutorials/adult-crafts/crafts-for-seniors/">https://craftsbyamanda.com/category/craft-tutorials/adult-crafts/crafts-for-seniors/</a></p>
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### Dallas Area on Aging Benefits Counseling Program

Individual counseling services at the senior center have been suspended until further notice. DAAA will continue their phone service for information and assistance with Medicare, Medicaid, Social Security, and other public benefits.

Call to speak to a Benefits Counselor  
 214-871-5065 or 1-800-252-9240  
 Monday - Friday 8:30 am to 5:00 pm

### Daily Curbside Lunch Program | Monday through Friday

We serve curbside lunch pickup daily. Our lunch program targets older adults and provides 1/3 of the daily dietary requirements. Reservations for curbside pickup must be made two days in advance. A breakfast and lunch for Saturday and Sunday are available for pickup on Friday. You must fill out an intake registration form before you start the lunch program. **Reservations may be made by calling (972) 780-5073 or (972) 707-3864.** There are no fees for meals. **Our nutrition program is funded in part by the Dallas Area Agency on Aging and the Texas Dept. of Aging and Disability Department.**



D. L. Hopkins Jr. Senior Center

# Parking Lot Trunk or Treat & Costume Contest

Wednesday, October 28

12 PM - 2 PM

Come dressed in your best Halloween costume to participate in our costume contest.

Prizes, candy, music, costumes and more!

Costume contest winners will be announced at 2 PM.

Up to 24 vendors participating in our Trunk or Treat!

Time slot sign ups will be available during curbside pickup starting October 21.

As extra safety precautions, we will only be allowing 10 people into the parking lot at a time. Each group will have 20 minutes to freely walk around visiting vendor vehicles and participate in games. Vendors will have prepackaged goodies prepared for minimal contact. Masks must always be worn when outside of your own vehicle. This event is for senior participants only.

# HALLOWEEN WORD SEARCH

R F E F P R Y M G H Y O Z A Q B F H O H  
 A D C S E A E E O N Y V L K U X X T W I  
 A V S O M F C Z J U L W O F R Z E Q I J  
 M H C Q U G V E L S Q S P A M Q N Z T U  
 I C V R T L E S U O H D E T N U A H C L  
 T D H D S A T H X G L A P U F X F M H A  
 R T U Z O O C S T D E J S P S A B Y Y I  
 V H R S C A R Y N I O O K X W X K A W T  
 V E R I P M A V L E W S E W P F Q M A T  
 U B B C Y C C Y N D Q P L G U A Y J O R  
 H T N A M C A N D Y S R E Y M M U M O I  
 R C J X J R R J T A T X T A P U N E T C  
 H A L L O W E E N D Z H O Z K S G X M K  
 G K Z O N Y T C T L Y H N B I K Q X K O  
 U I N Y J N O S K S S E I P N R B Y N R  
 M W R G G S R T O H N R X Q M Y Z G M T  
 J X X Q N F J W Q H H O R I M P D Q L R  
 F D Z U A I W R X Z G J M U H W Y A O E  
 T A B K O Y K O O P S O W A B B T U E A  
 Z F S H L F U Q Q P I T G J X N M N D T



Bat  
 Pumpkin  
 Halloween  
 Mummy  
 Vampire  
 Witch  
 Spooky  
 Trick or Treat

Fun  
 Ghost  
 Costume  
 Skeleton  
 Candy  
 Scary  
 Monster  
 Haunted House

