

New Year's Eve & New Year's Day Celebrations, Traditions

New Year's Day is a time to reflect upon the past and rejoice in the beginning of a whole New Year. It's a perfect holiday to celebrate right after Christmas, and to look forward new memories.

New Year's Resolution, it's wise to leave old ghosts in the past and make a New Year's resolution to improve upon the things that will make your life better. Of course the most popular resolutions are to lose weight or quit smoking. Whether you're successful at this or not depends on your own determination. One resolution you can make and follow through with all year long and the rest of your life is Crime Prevention practices.

Ah, the feeling of waking up on New Year's Day with a whole new future ahead of you. Hopes and dreams anew, this is a special time to spend with family and friends. Learning basic Crime Prevention practices will make yourself and your family safer all year long. Make a resolution to attend **the Duncanville Police Department's Citizen Police Academy Class.**

New Year's Eve Parties whether you plan a huge holiday party, or a quiet evening at home, you'll probably follow some family holiday customs. Parties are probably the most popular way people bring in the happy New Year.

Traditionally, New York's Time Square has a huge annual New Year's celebration. The first celebration there took place in 1904 and the notorious "dropping of the ball" became a tradition shortly after that, in 1909. The famous ball begins dropping at 11:59 pm and has completed the descent at 12:00 midnight, the New Year. Bells ring, confetti and streamers fly, as everyone happily rings in the New Year. You can distinctly hear "Auld Lang Syne" over the cheering and applause. This event is always televised, so if you're a little more laid back, watching it on TV might be just the thing for you. Or, do what many other people do, watch movies or football with a bowl of popcorn and have a toast at midnight. Don't forget to kiss that special person in your life. If you plan on going to a movie or play, get your tickets well in advance and get there early.

Toast the New Year, Provide Non-Alcoholic Beverages, Be Responsible

Don't forget a toast to the New Year with carbonated drinks, apple cider, grape juice, or the beverage of your choice. Wish health and happiness to those around you and look forward to a fresh start. Have traditional drinks such as coffee, hot chocolate, eggnog, and cappuccino or punch available for those who don't drink alcohol. Don't let any guests drink and drive. Quit serving drinks an hour before the party ends and have a designated driver or taxicab company phone number handy for those who overindulge.

Most of all Enjoy, be happy, be safe, and come join the Duncanville Police Department for a Great New Year with our Citizens Police Academy Class. For more information contact Officer Doug Sisk at (972) 780 - 5027 or dsisk@duncanvillepd.com.

**HAVE A HAPPY NEW YEAR
FROM THE DUNCANVILLE POLICE DEPARTMENT**