

Dallas County October 2018 Menu

Monday 10/1/2018	Tuesday 10/2/2018	Wednesday 10/3/2018	Thursday 10/4/2018	Friday 10/5/2018
Salisbury Steak ~ Garlic Whipped Potatoes w/Gravy Spring Vegetable Blend Dinner Roll Nutty Buddy Bar Milk	Beef and Spanish Rice Charro Beans Braised Carrots Multi Grain Bread Chocolate Swirl Pudding Milk	Oven Fried Chicken Thigh Macaroni & Cheese Country Tomatoes Dinner Roll Orange Fruited Gelatin Milk	Tuna Salad Lettuce and Tomato Black-eyed Pea Salad Wheat Bread (2) Banana Pudding w/Wafers Milk	Mexican Chili Parslied Rice Turnip Greens Corn Muffin Fresh Orange Milk Margarine
Monday 10/8/2018	Tuesday 10/9/2018	Wednesday 10/10/2018	Thursday 10/11/2018	Friday 10/12/2018
Seasoned Meatballs Mexican Corn Broccoli Hoagie Bun Fudge Crème Cookie Milk	Charbroiled Beef Patty w/Mushrooms ~ Parslied Rice Cabbage Dinner Roll Fresh Apple Milk	Oven Fried Chicken Thigh Delmonico Potatoes Braised Carrots Dinner Roll White Cake with White Sprinkle Frosting Vanilla Ice Cream Milk 	Honey Grilled Pork Patty *- Italian Green Beans Cauliflower Texas Bread Mandarin Oranges Milk	Hamburger Patty ~ Sliced Cheese Lettuce, Tomato and Onion Baked Beans Hamburger Bun Spiced Pineapple Milk Mustard Ketchup
Monday 10/15/2018	Tuesday 10/16/2018	Wednesday 10/17/2018	Thursday 10/18/2018	Friday 10/19/2018
Red Wine Glazed Beef Patty ~ Rice Florentine Italian Green Beans Dinner Roll Fig Bar Milk	BBQ Chicken Breast Coleslaw Mixed Vegetables Hamburger Bun Cherry Crisp Milk	Grilled Pork Patty w/Mushroom Gravy *- Lima Beans Broccoli Wheat Bread Creamsicle Pudding Milk	Turkey Pastrami Swiss Cheese Lettuce and Tomato Corn Salad Rye Bread (2) Chocolate Chip Cookie Milk Mustard	Country Fried Steak w/Country Gravy ~ Oven Roasted Potatoes Braised Carrots Wheat Bread Orange Fruited Gelatin Milk
Monday 10/22/2018	Tuesday 10/23/2018	Wednesday 10/24/2018	Thursday 10/25/2018	Friday 10/26/2018
Lasagna Casserole Broccoli Italian Vegetable Blend Breadstick Lemon Fruited Gelatin Milk	Dijon Turkey Breast Garlic Whipped Potatoes Mixed Greens Corn Muffin Fudge Creme Cookie Milk Margarine	Oven Fried Chicken Thigh Scalloped Potatoes Brussels Sprouts w/Lemon Wheat Bread Pineapple Pudding Milk	Smoked Sausage and Red Beans Buttered Rice Peas and Carrots Texas Bread Chocolate Pudding Milk	Hamburger Patty ~ Sliced Cheese Lettuce and Tomato Ranch Beans Hamburger Bun Cinnamon Applesauce Milk Mustard Ketchup
Monday 10/29/2018	Tuesday 10/30/2018	Wednesday 10/31/2018		
BBQ Pork Rib Patty *- Whole Kernel Corn California Vegetable Blend Dinner Roll Fresh Orange Milk	Fiesta Chicken Thigh Buttered Rice Fiesta Vegetable Blend Wheat Bread Glazed Pineapple Milk	<u>Halloween Holiday Meal</u> Chili w/Beans Shredded Cheese Rice Spring Vegetable Blend Corn Chips Orange Delight Milk		

~ - Entrée Contains Soy
* - Contains Pork

Blair Mize, RD, LD