

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef w/Burgundy Sauce ~ 1 Scalloped Potatoes Brussels Sprouts Dinner Roll Nutty Buddy Milk	BBQ Pork Rib Patty *~ 2 Potato Salad Italian Green Beans Hamburger Bun Peach Cobbler Milk	Lemon Pepper Chicken Thigh 3 Broccoli and Rice Casserole Sliced Carrots Wheat Bread Lime Fruited Gelatin Milk	Sliced Ham * 4 Swiss Cheese Lettuce and Tomato Macaroni Salad Kaiser Roll Oatmeal Cookie Milk	Cinco de Mayo 5 Mexican Casserole Spanish Rice Charro Beans Wheat Bread Cinnamon Sugar Cookie
Baked Meatballs w/Gravy ~ 8 Ranch Potatoes Broccoli Wheat Bread Pineapple Tidbits Milk	Turkey Cannelloni Casserole 9 Italian Vegetable Blend Whole Kernel Corn Texas Bread Fresh Orange Milk Margarine	Chicken Thigh w/Cordon Rouge 10 Sauce Tossed Salad Spinach Dinner Roll Birthday Cake Ice Cream, Milk	Chicken Salad 11 Balsamic Cucumbers & Tomatoes Corn Salad Kaiser Roll Orange Fruited Gelatin Milk	Mother's Day Holiday Meal 12 Sliced Turkey Breast Seasoned Giblet Gravy Cornbread Dressing Mixed Green Salad Dinner Roll Apple Cobbler, Milk
Country Fried Steak ~ 15 Country Gravy Garlic Whipped Potatoes Squash, Zucchini & Tomatoes Wheat Bread Fudge Cream Cookie Milk	Turkey Tetrazzini 16 Green Peas Sliced Carrots Wheat Bread Cherry Fruited Gelatin Milk	Swiss Steak ~ 17 Confetti Rice Green Beans w/Onions Dinner Roll Chocolate Pudding Milk	Turkey Pastrami 18 Swiss Cheese Tri Colored Pasta Salad Coleslaw Hoagie Bun Fresh Orange Milk, Mustard	Older American's Day Meal 19 Hamburger Patty ~ Lettuce and Tomato Hawaiian Baked Beans Hamburger Bun Mixed Fruit Cobbler Milk, Mustard and Ketchup
Mozzarella Chicken ~ 22 Penne Pasta w/Parsley Mixed Vegetables Wheat Bread Fresh Orange Milk	Salisbury Beef w/Gravy ~ 23 Whipped Potatoes Broccoli Dinner Roll Chocolate Chip Cookie Milk	Sliced Ham * 24 Black-Eyed Peas Spinach Cornbread Fresh Banana Milk Margarine	Crabmeat & Macaroni Salad 25 Cucumber Salad Glazed Fruit Club Crackers Sugar Cookie Milk	Memorial Day Holiday Meal 26 BBQ Chicken Thigh Baked Bean Potato Salad Texas Bread Apple Crisp Milk
 29	Cheesy Chicken Macaroni 30 Green Peas w/Red Peppers Cabbage Multi Grain Bread Strawberry Fruited Gelatin Milk Margarine	Roast Beef w/Gravy 31 Parslied Rice Broccoli Dinner Roll Ranger Cookie Milk		



**NUTRITION INFORMATION:** Proper nutrition and hydration are key elements that can possibly prevent hospitalizations or even placement in long-term care facilities. Our menus are designed to meet a minimum of 1/3 daily nutritional requirements for older adults as required by the state of Texas. This equates to 3 ounces of protein, 2-3 servings of fruits and vegetables, 1 serving of grain, and 1 serving of milk. For more nutritional information, please visit our resource page.



\* - Contains Pork; ~ - Contains Soy  
972-780-5073