



July 2016

Free Coffee On Fridays



Mon	Tue	Wed	Thu	Fri
				1 Sign Up For Trips Please Pay at Sign-Up 9:30 Game Tables 10:00 No Yoga Today
4 Closed For 4th of July Holiday	5 8:45 50+ Fitness 9:30 Ceramics 9:30 Game Tables 10:00 Beginner's Yoga 11:00 Billy & Company 12:30 Sidesteppers	6 8:30 Just Move 9:30 Game Tables 11:00 Bridge 11:00 Nutri. Presentation 1:00 Goldenaires 1:00 Pinochle	7 Dinner Out 8:45 50+ Fitness 9:30 Ceramics 9:30 Game Tables 4:30 Pizza Inn	8 9:30 Game Tables 10:00 Beginner's Yoga 7:00 Cliff Dwellers Square Dance
11 9:30 Game Tables 10:00 Share & Care Mtg. 1:00 Folk Dance Class 	12 8:45 50+ Fitness 9:30 Ceramics 9:30 Game Tables 10:00 Beginner's Yoga 11:00 Billy & Company 12:30 Sidesteppers	13 Birthday Lunch 8:30 Just Move 9:30 Game Tables 11:00 Bridge 1:00 Goldenaires 1:00 Pinochle 	14 Pocket Theater 8:45 50+ Fitness 9:30 Movie Morning 9:30 Ceramics 9:30 Game Tables 5:45 Pocket Theater	15 9:30 Game Tables 10:00 Beginner's Yoga 10:30 Goldenaires @ Dunc Rehab 7:00 3rd Friday Dance Final Showdown
18 8:30 AARP Drive Safe 9:30 Game Tables 1:00 Folk Dance Class	19 8:45 50+ Fitness 9:30 Ceramics 9:30 Game Tables 10:00 Beginner's Yoga 11:00 Billy & Company 12:30 Sidesteppers	20 8:30 Just Move 9:30 Game Tables 10:00 Bingo ! 11:00 Bridge 1:00 Goldenaires	21 Dinner Out 8:30 50+ Fitness 9:30 Ceramics 9:30 Game Tables 9:30 Habitat Volunteers 4:30 Maggiano's	22 9:30 Game Tables 10:00 Beginner's Yoga 10:30 Goldenaires @ Laurenwood
25 9:30 Game Tables 11:00 Goldenaires Concert 1:00 Folk Dance Class	26 8:45 50+ Fitness 9:30 Ceramics 9:30 Game Tables 10:00 Beginner's Yoga 11:00 Billy & Company 12:00 Sidesteppers	27 BLUE BELL DAY ! 8:30 Health Screening 8:30 Just Move 9:30 Game Tables 11:00 Bridge 12:30 Blue Bell Ice Cream 1:00 Goldenaires	28 Plaza Theater 8:30 50+ Fitness 9:30 Ceramics 9:30 Game Tables 10:00 Peter Pan Jr.	29 9:30 Game Tables 9:30 Beginner's Yoga 10:30 Short Film <i>Identity Theft & Internet Fraud</i>

Lunch served every day at 12:00 noon
 Telephone Access for Hearing Impaired—711

The City of Duncanville and the Dallas Area Agency on Aging do not discriminate on the basis of race, creed, color, sex, age, ancestry, national origin, religion, or handicap in services or employment.