

FILE OF LIFE

1. Fill out the **File of Life** Form

⇒ Fill out the File of Life form located in the File of Life card holder.
Answer all pertinent questions.

Note: One form should be completed for each person in your home.

2. Place completed form in the **File of Life** Card Holder

⇒ You may also consider placing the following item in the card holder.

- Copy of last EKG
- Living Will or Power of Attorney Forms
- DNR forms

3. Place the **File of Life** Card Holder on your refrigerator

⇒ EMS responders will know to check here for your medical information.
Please make sure to keep your File of Life card holder visible and free clutter so that it may be easily accessible for first responders.

The File of Life places important medical information in the hands of First Responders when it is needed most.... during the first minutes of a critical illness or injury in your home.



Sponsored by:
Duncanville Fire Department
(972) 780-4920

